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FROM THE PRINCIPAL'S DESK



"The mind is not a vessel to be filled, but a fire to be kindled." – Plutarch

In every child, there is a world waiting to be explored. We are committed in our mission to inculcate a state of happiness, kindness in every child to ensure a peace-loving and harmonious world.

Since its inception, Podar International School Ahmednagar has endeavoured to transcend learning beyond boundaries. We are devoted to set benchmarks in nurturing children to grow into strong, matured, kind and intelligent adults, who are original in their ideas and decisive in their actions.

Mahatma Gandhi rightly said "The best way to find yourself is to lose yourself in the service of others." Firmly believing in ourcore values of Courage, Compassion, Equality and Integrity we at PIS Ahmednagar aim to nurture our students so that they are well equipped to face the competitive society with value-based knowledge and skills that have contributed towards the growth and vision in building global citizens and a conscientious humanity.

The Education System is undoubtedly the foundation of a nation, as it should result in more civilized, literate and empowered citizens who are consciously driven by ethics and moral values. India is a multilingual, multi-religious and multicultural society with a plethora of cultures. A strong base in social and emotional values is vital for the survival of any society. Speaking of social-emotional needs, the way these skills are inculcated is also something to take note of. Gone are the days these skills are imparted by ways of mere "dictation". Children should be taught skills that take care of their socio-emotional needs through enjoyable streams.

- Mr.Mangesh S.Jagtap Principal

Anushka Pandey
(Head Girl)

| Student Editor: Prajesh Patil (Head Boy)

| Creative Designer: Ms. Minal.Rathod Ms.Pramila.Tone

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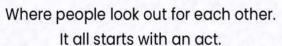
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Mr. Manoj Bansode

The Qurio Mag

Acts of Kindness

Imagine a world where you can succeed by being nice.

Where we all pay it forward.









Read a book for someone.



Check in on loved ones.



Hold the door for someone.



Leave a bowl of water for birds and animals.



Plant a tree.









Compliment a stranger.



Give a coworker/classmate kudos.



Donate old clothes to charity.





Buy school supplies for someone else.



Bake cookies for a neighbour.





Pay for the person behind you.

My idea of Kindness

Kindness

Kindness something we all forgot, Kindness feelin' something we don't know, Kindness something we would have shown, Kindness something have to teach th world again.

Kindness is helping people, do the help to a stranger, see the smile which isn't faken, something which makes you happy. Believe in Karma, if people fooled you, they're gonna pay for it just wait and watch for it...

Karma always returns, deeds get settled, Makes you feel better,positive aura getting wider, It's like sugar sweetning you life, Brightening your future, changing your nature, Trust me I am not doing bluff here.

Kindness something you just remembered, Kindness hope you got it, Kindness something changing the life, Kindness we teached the world again Kindness....





Kindness Is Always Right

Everyone how meets me,

Tells me to be kind

But how please explain if you don't mind.

Grandma says be kind and don't you ever shout,

Grandpa says be kind and don't ever revert,

Mother says be kind and listen to the elders,

Father says be kind and help the beggers.

Teacher says be kind and do not fight,

Now I understood kindness in Right.

Kindness means to be calm and selfless,

Kindness means no anger in any case.

Kindness means always ready to cater

Kindness means ignore and always be better.

Kindness is a lovely emotion,

In all ways it gives me promotion.

Yuvaan Sanklecha. II Sunflower.





My idea of Kindness

My Idea of Kindness

Kindness is an inner desire that makes us want to do good things, even if we do not get anything in return. It is a joy we receive that drives these simple acts. When we perform an act of kindness, driven solely by an insatiable desire to love another. There is a kindness in everything we think, say and do. Kindness is a way to make connections. It's a simple but powerful way to build a bridge between hearts. Kindness is free, sprinkle it everywhere. The smallest act of kindness is worth more than the greatest information. Sometimes it takes only one act of kindness and caring to change a person's life. There's no such thing as a small act of kindness. Be a little kinder than you have to be.





Avanish Gore III Rose

People and Kindness

Kindness is an admirable virtue. To be kind we must be good to people around us. Very few people have this quality, but it can be attained with the right guidance. Kind people are caring, polite and generous. They always help other people with their problems. Kind people offer support and are always there for each other. Not only to other people, but we should also be kind to animals. Kind people never hurt anyone. To be kind one needs to be caring and good at heart. Kindness motivates people and makes them happy.



Krisha Vidhate III Rose

Sharing and caring

Kindness is a quality of sharing and caring. When we share what we have with others and care for the well being of others we are showing kindness. Similarly if we feel for others when they are suffering we should be empathetic to others. Kindness increases our quality of life by bringing people and society closer together and reducing hatred, negativity and jealousy. Kindness is important to make this world and our society better. Even for our growth, kindness is important. Selfless act performed by an individual in order to make someone happier without any compensation is the best act of kindness.



Kindness is Contagious



Ripple Effect of Kindness

In a heartwarming display of humanity, acts of kindness are spreading like wildfire, illustrating the contagious nature of compassion. From small gestures like holding doors to grand acts of generosity, individuals worldwide are embracing the ethos of goodwill. Social media platforms are abuzz with stories of strangers helping strangers, igniting a chain reaction of positivity. Psychologists affirm that witnessing kindness prompts individuals to pay it forward, creating a ripple effect in communities. Amidst global challenges, the surge of altruism serves as a beacon of hope, reminding us of our collective capacity to uplift one another through simple acts of kindness.



Avani Meher V Galileo



The Power of Kindness Spreads Worldwide

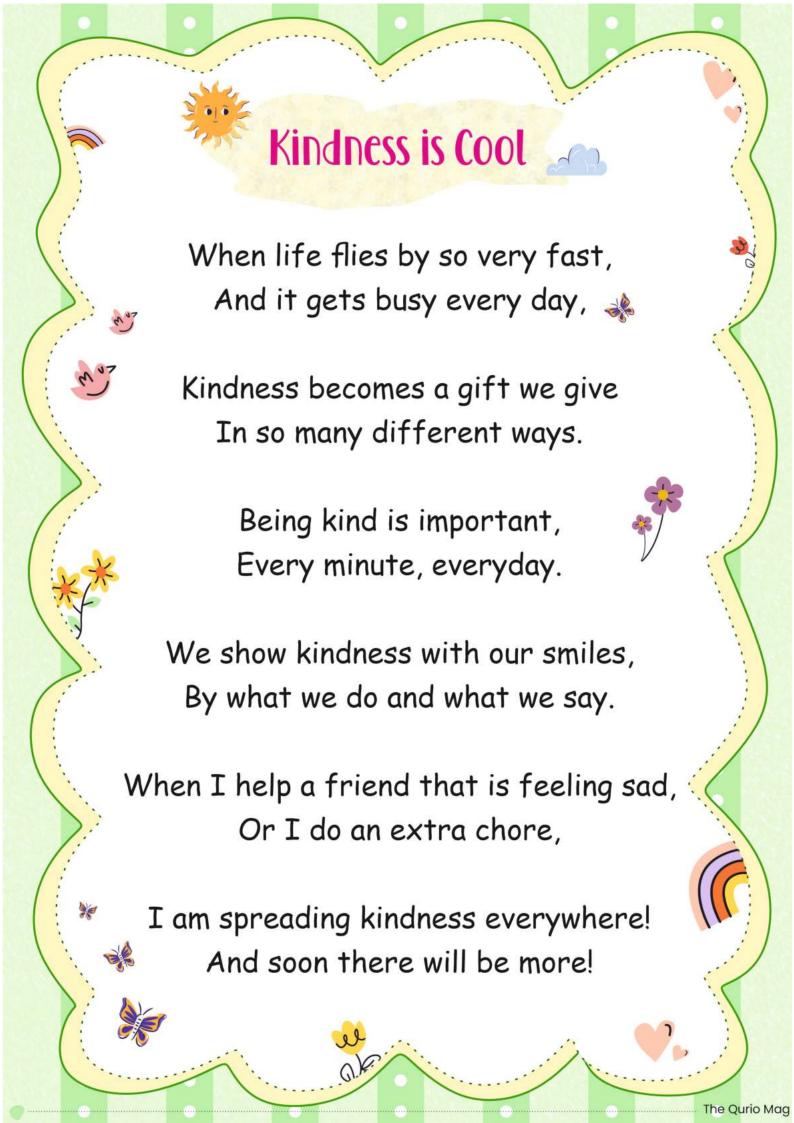
In an era marked by divisiveness and uncertainty, a heartening phenomenon is emerging: the contagious spread of kindness. From bustling city streets to remote villages, acts of compassion are igniting a ripple effect of positivity, transcending borders and cultures. Whether it's a smile exchanged between strangers or a generous donation to a cause, these gestures of goodwill resonate deeply in communities worldwide.

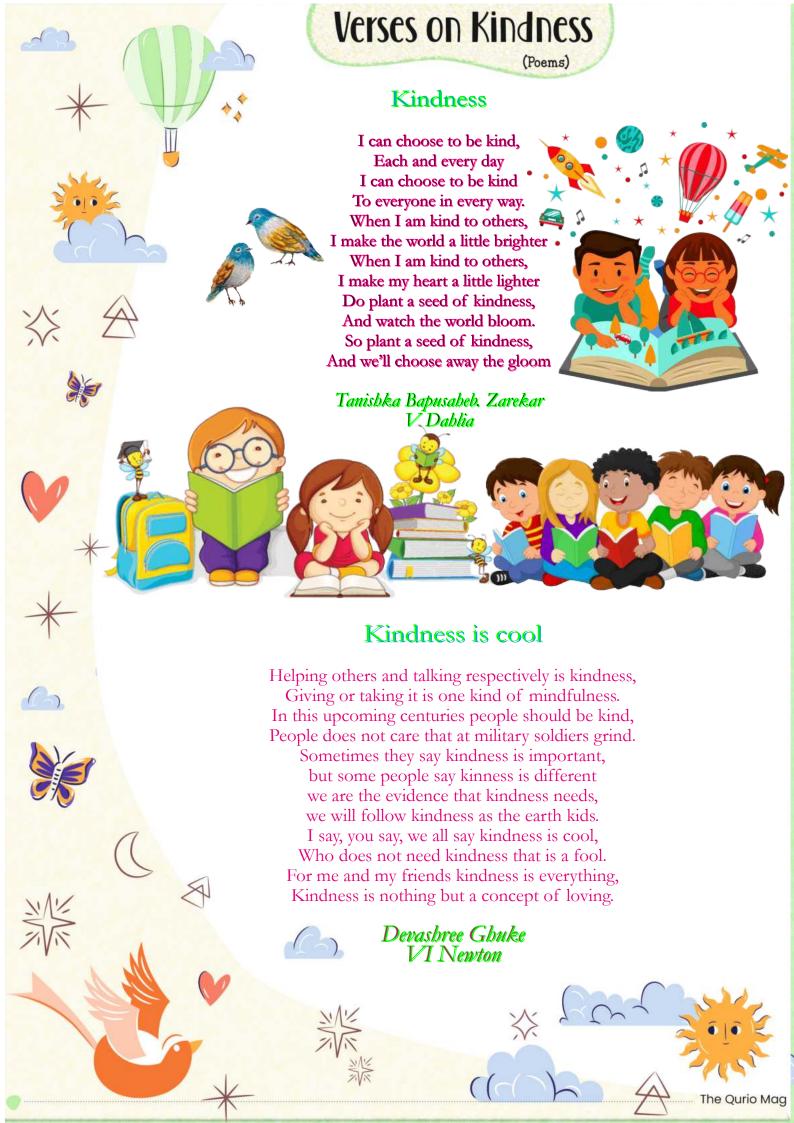
Social media platforms have become a catalyst for spreading tales of kindness, amplifying their impact and inspiring others to follow suit. Psychologists suggest that witnessing acts of kindness triggers a release of oxytocin, a hormone associated with feelings of trust and connection, motivating individuals to engage in similar behaviors.

Amidst global challenges, such as the ongoing pandemic and political unrest, the prevalence of kindness serves as a beacon of hope. It reminds us of our shared humanity and our capacity to make a positive difference in each other's lives, even in the face of adversity.

As the adage goes, "kindness begets kindness." Each act of compassion sets off a chain reaction, creating a domino effect of goodwill that transcends geographical boundaries and societal barriers. In a world often marred by strife and discord, the contagious spread of kindness offers a glimmer of light, illuminating the path towards a more compassionate and harmonious future.











Verses on Kindness

(Poems)

KINDNESS

KINDNESS, it can change the world...
For every boy and every girl.
There is nothing wrong with being kind.

It's best to do, it is right.

Kindness is simple and it's free
It's what everybody always needs.

Kindness is far, big and small...

For old and young, for us all.

Be kind be kind let's all be kind.

Must say"please" and "thank you" too.

And help each other through and through

Kindness never goes out to style,

So be kind and you bring a smile

Mrunal Sarang.Patil IV Aster

KINDNESS

Just a little beet of kindness,
Can go such a long, long way,
It can give someone real hope,
And even a much bright day,
The world knows much cruelty,
From cradle to the grave,
But, jesus left us an example,
When all our send he forgave,
If we choose to treat others,
With that same type of love,
Being both kind and forgiving,
God will smile down from above.

Piyush Vishnu.Bankar III Marigold





What does being kind look like?





Offer to help someone carry something heavy

Encourage someone by giving them a high five or a fist bump.

Give hugs.

Share your favorite toy.

Help find

When someone is hurt, get them an ice pack or a band aid.

Make others feel good and happy by giving genuine compliments.

Help someone before they ask you for help.

someone something they lost.

Be positive be cheerful.

Ask someone to play with you on the playground.

Give someone a pat on the back. Clean up after yourself and someone else too.

Smile at someone. even if they are a stranger.

Say nice words.

Clear the table after dinner. Take the dog for a walk or feed

Cheer someone on in a race.

Let someone go before you. (Give up your turn.)

Smile and say hello to someone in

the cat before you are asked.

Surprise someone by drawing a picture or making them a card.

Help someone fix something that is broken.

Donate or give to someone in need.

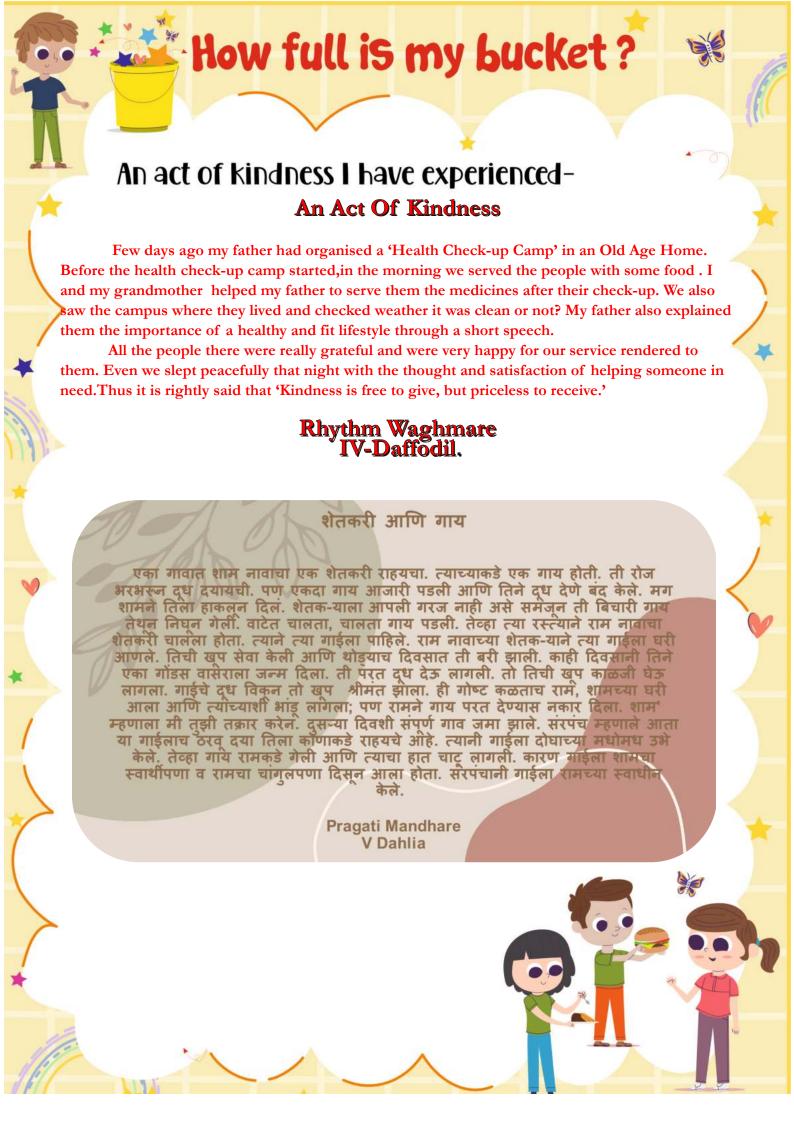
Give flowers.

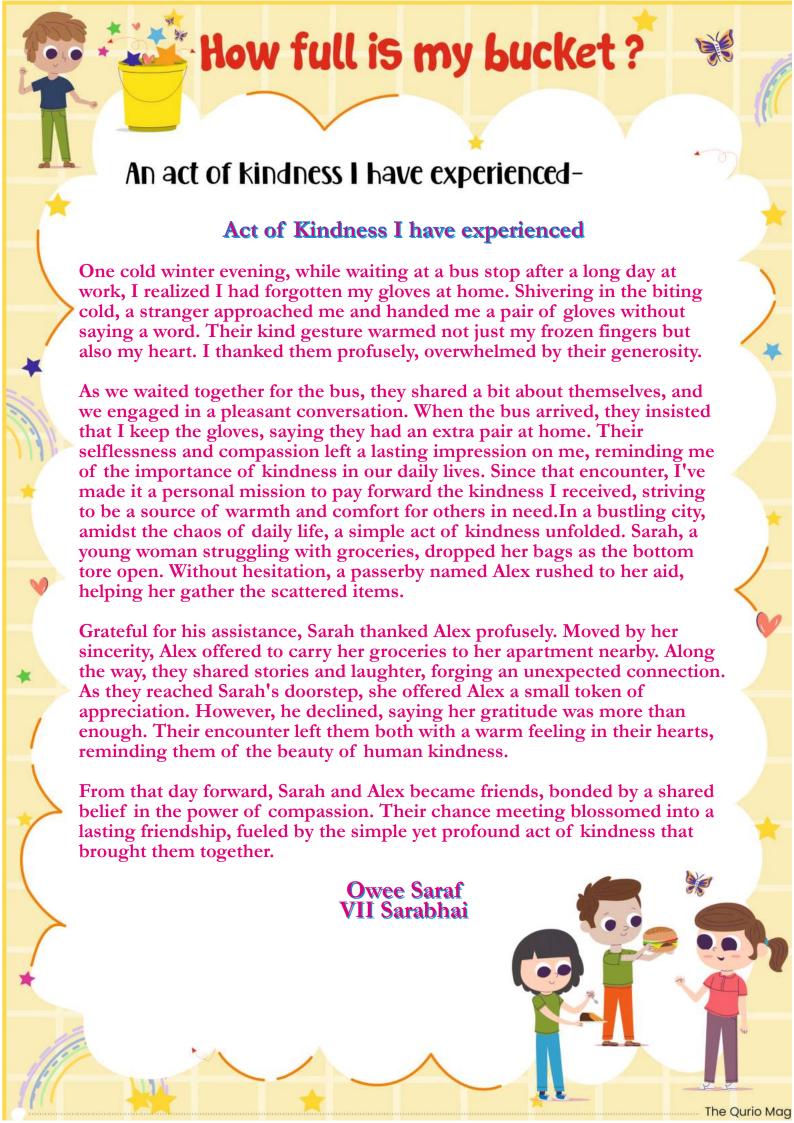




Be patient with others.









How full is my bucket?



An act of kindness I have done-

The kindness of old woman

One day in the evening Rita was returning home from school, it was getting dark. So, she was in a hurry. At the same time, she heard a cry in the street, she went closer and saw an old lady lying unconscious. She said that she was dying. She took mercy on her. The old woman was taken to hospital. On the way, the old woman asked Rita What is her name? Rita replied that her name was Rita, It took them two hours to get to the old woman's life but they failed. Before she died, she had written a letter stating, "All my property goes to Rita who helped me to bring it to the hospital" The next day Rita went to the hospital. The doctor asked her if she was Rita" Yes. I am, replied Rita. She knew there was now her name on the property. She became very happy and lived happily.

Moral: If you help others, others will help you in return.

Arohi Asabe IV Jasmine







I am Diya Sharma. I was born on 17th of August 2010. I Love Chocolates, Pure Souls & Smiling Faces . My life started with kindness & the aim of my life is Kindness.Miya The gorgeous girl in this pic is ME! And those two are my fumy friends -Miya & Reah. Cute na? Ummm, But, this is my pic when I was 25 years old. And currently. I am 49 years old. Soon in a few days, I will start my fifties. TIME FLIES!!"But I am an orphan child with just Miyo & Reah for company for my leftover life. My parents died in the covid 19 pandemic, when I was just 10 yrs. My husband & my both the daughters who were just teens died in a road accident. My Best Friend Divya Srivastava wasn't in my contact too. We didn't meet or talked since our 10th farewell program ie since 33 year 6months 11 days. Yeah! I counted each & every day....

Disclaimer = on 17/08/2059, I turned 49 yrs.I cried. I cried alot. Literally, I cried for days & nights. Then one moaning, when I woke up with tears filled inny eyes, the phone singed. I was shocked Aftermany days someone called me. I wiped my tears, had a deep breathe & picked up the call. It was an unknown number."Hello.", I said,"Hii A Diya, How are you? Badi Mushkil se tera no. mila. Itne saalon tak no contact where were you?" I immediately guessed the voice & replied: "Nothing Payal, Just zindagi ke dukh aur dard sehen kar rahi thi." And I told her my condition. It was a 3 minute 39 seconds' call. By the way, Payal was my Hostel's Roommate. Payal Tripathi & I spent my 5 years together in the Hostel after 2030. She sent me a pic on Insta which Said: Kindness Equals Happiness!" Be Kind & Stay Happy!

One day I was going to somewhere by railway. It was night I along with my driver came there & waited for the train. It was 8:53 PM. Our train was at 8:59 PM. We had 6 minutes. There I saw one woman hugging her baby tight Saying "Deva, Madat Kar!". Without even thinking for a second, I went to my car, took few blankets & gave those to the poor people shivering Here in cold. The woman thanked me & blessed me. And so, Really, my rest journey was happy & safe. Really, Kindness equals Happiness.

Once I even gave money to a family which I saw on petrol pump. Actually. I heard them saying they forgot money & wanted to go to Bangalore. I removed 2000 from my wallet & just gave them. They thanked me. Now I don't if the cheated me or not but if they did, they will have to pay for their sins. And since then, I only helped & helped which filled my life with Happiness & Satisfaction.





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Stories on Kindness

Seven miles for me

Leaving a store, I returned to my car only to find that I'd locked my keys and cell phone inside. A teenager riding his bike saw me kick a tire and say a few choice



words. "What's wrong?" he asked. I explained my situation. "But even if I could call my wife," I said, "she can't bring me her car key, since this is our only car." He handed me his cell phone. "Call your wife and tell her I'm coming to get her key." "That's seven miles round trip." "Don't worry about it." An hour later, he returned with my key. I offered him some money, but he refused. "Let's just say I needed the exercise," he said. Then, like a cowboy in the movies, he rode off into the sunset.

-Clarence W. Stephens, Nicholasville, Kentucky

Kindness in Nepal

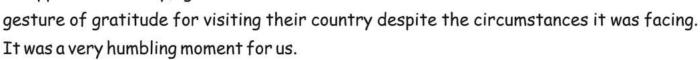
Never have I met a people more abundant in goodwill than the Nepali.

<u>Some backstory:</u> Tim and I arrived in Nepal during a fuel crisis last November, only six months after the cataclysmic earthquake that left so much in ruin.

Albeit the difficulties, there was no lack of generosity. Because of the fuel crisis, we had to resort to travelling sitting on the packed roofs of buses. Men would come to our aid to help lug our heavy packs aboard, then made sure Tim and I had ample space.

One ride in particular, there were three college students on their daily hour-long commute. We all had the same stop and when it came time to pay, the driver signaled that the young boys had taken care of our fare!

These students, usually the most economically strapped in society, gave to us visitors as a



~ Izzy Pulido



Stories on Kindness



The story of kindness

Today I am going to tell you how I help poor people. One day I was going outside with my father then I saw a few children outside the 'SAVALI' orphanage, they were playing. Then I asked my father, why these children are here? Why are they not at their own house? Then my father said to me that, these children don't have their own house. Mom and Dad so, they live here in an orphanage. When I heard this, I felt very bad for them. Then I thought that if I celebrate my birthday in the 'SAVALI' orphanage. Then I shared this idea with my father, and he said, it's a great idea. He also said "Very good" to me.

Since that day I have been celebrating my every birthday at SAVALI orphanage. I also give clothes, shoes, chocolates, cakes, etc.... to the orphanage. That one smile makes my birthday more special.

Dasyabhakti D.Shelar IV Jasmine

Story of kindness

Once upon a time, there was a town named Baramati. In that town one boy and one girl were living with their parents, the boy named Divyank, and the sister named Prajvita, on a sunny day, they were going cycling, and while cycling, they saw a crowd of people. They were curious to know what the matter was. When they saw a man mate with an accident. All the people were clicking photos and shooting videos, Divyank got a bottle of water and gave some water to the injured person and both of them called the ambulance. They started the first aid till the ambulance came. They took him to the hospital. The doctor treated the person and the person was alive. The doctor said "Thank you"to Divyank and Prajvita.

Moral: Your 5-minute time can save someone's life.

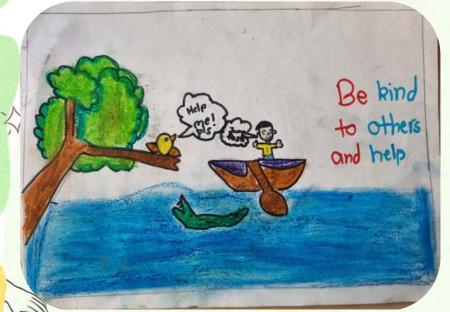
Avishka Pomane IV Jasmine





Spread the Word





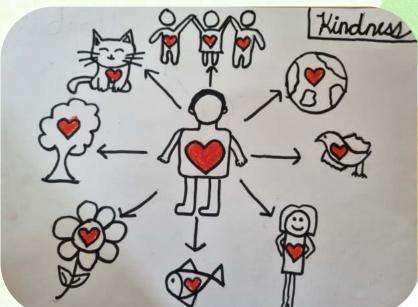
Avani Pol IV Jasmine

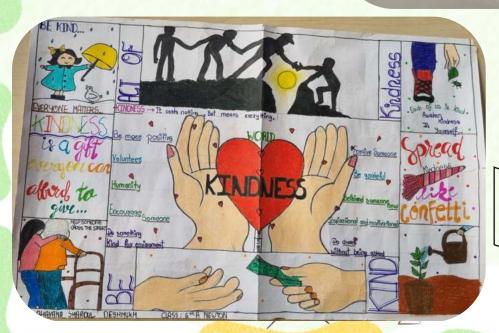






Trisha Prabhavale IV Jasmine







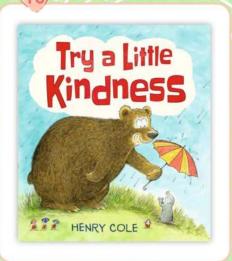
Bhavana Deshmukh VI Newton

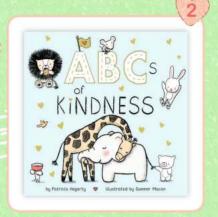


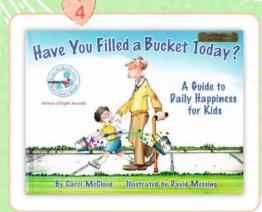
Book Recommendations

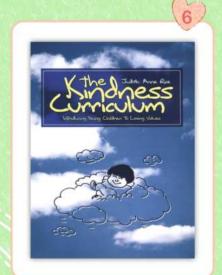








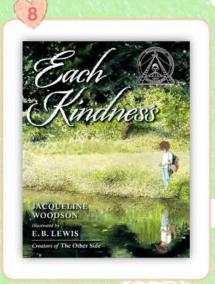








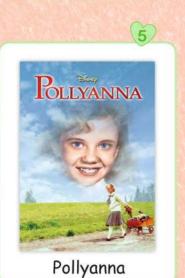


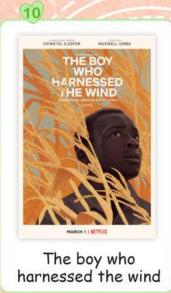


Movie Recommendations



Web















Paddington







Title of the Movie/Book:

Movie: Pollyanna

Movie/Book Summary:

It is a heartwarming classic that follows the journey of an optimistic young orphan named Pollyanna who moves to a small town to live with her strict aunt. Despite facing adversity, Pollyanna's unwavering positivity and "glad game" inspire those around her to find joy in every situation. The film beautifully portrays themes of resilience, kindness, and the power of perspective. With charming performances and a timeless message, "Pollyanna" continues to captivate audiences of all ages. It's a feel-good movie that reminds us to always look for the silver lining, no matter the circumstances.

Movie/Book Reviewed By: Purvaja . Bihani V Galileo

How many hearts will you give this movie?

 $\triangle \triangle \triangle \triangle \triangle$

(1 heart means the movie was really bad. 5 hearts means it was great!)

Title of the Movie/Book:

Movie: Charlotte's Web

Movie/Book Summary:

"Charlotte's Web" is a heartwarming tale of friendship, sacrifice, and the power of kindness. The film follows the unlikely bond between a pig named Wilbur and a spider named Charlotte, who works tirelessly to save Wilbur from being slaughtered. Through Charlotte's ingenious web-writing, she teaches valuable lessons about love, acceptance, and the importance of seeing the beauty in all creatures. With its touching storyline and memorable characters, "Charlotte's Web" is a timeless classic that continues to resonate with audiences of all ages.

Movie/Book Reviewed By:

Owee Saraf

VII Sarabhai

How many hearts will you give this movie?



(1 heart means the movie was really bad. 5 hearts means it was great!)



Title of the Movie/Book:

Movie: Elephant Whisperer

Movie/Book Summary:

"Elephant Whisperer" is a poignant story of conservationist Lawrence Anthony's bond with elephants, showcasing the extraordinary connection between humans and animals.

Movie/Book Reviewed By:

Yash Muthe

IV Jasmine

How many hearts will you give this movie?



(1 heart means the movie was really bad. 5 hearts means it was great!)

Title of the Movie/Book:

Movie: The kindness of strangers

Movie/Book Summary:

Ordinary, disparate strangers living in New York City go about their business. Clara runs away from her violent husband with her two boys and meets four people who are also going through difficult times. Alice, a nurse on the verge of cracking, Mark, accused of a crime he did not commit, John Peter, his lawyer, and Jeff, an unambitious man, find they are all connected as their paths intertwine.

Movie/Book Reviewed By:

Pragati Mandhere V Dahlia

How many hearts will you give this movie? \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc (1 heart means the movie was really bad. 5 hearts means it was great!)



Title of the Movie/Book:

Movie: The elephant whisperers

Movie/Book Summary:

The Elephant Whisperers is a 2022 Indian documentary film directed by documentary filmmaker Kartiki Gonsalves. The documentary is about the band that develops between a couple and an orphaned baby elephant ,Raghu,who was entrusted to their care.

Movie/Book Reviewed By:

Tanishka Mane V Dahlia

How many hearts will you give this movie?



(1 heart means the movie was really bad. 5 hearts means it was great!)

Title of the Movie/Book:

Movie: Have you filled a bucket today?

Movie/Book Summary:

This Book has put our soul with an invisible bucket. Writer wants to tell that everyone has soul. This soul is empty. Each one soul wishes to be fully of happineess and joy. Hence whenever Due's soul is full of good feelings he feels happy. But when your soul has nothing good or experience any thing bad your soul becomes sad. Author says that it is very easy to become happy and fill our invisible bucket that is soul with happiness .

Movie/Book Reviewed By:

Swara Thikute V Dahlia

How many hearts will you give this movie? (1 heart means the movie was really bad. 5 hearts means it was great!) Brein Pley

Time to challenge yourself!

100						_				_	_		_	
A	J	Н	L	S	Q	0	R	٧	W	Н	L	M	F	E
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Riddle *
What has a tail head and a tail but no body?

Amazing

Console

Share

Нарру

Respect

Thank You

Friendly

Fantastic

Loving

Encourage

Helpful

Blessed

Find words associated with acts of kindness in the above given word search puzzle.



An act of Kindness performed by the student



Shrihan Shinde IX Darwin

> Shrihan Shinde IX Darwin





Shrihan .Shinde IX Darwin

An act of Kindness performed by the student



Swara Tikhute -V Dhalia

Aarnav Deshmukh IV Daffodil





Alashka Chaware Grade II Daisy

An act of Kindness performed by the student



Arushi Gaikwad IV Jasmine



Agrata Bakali IV Jasmine



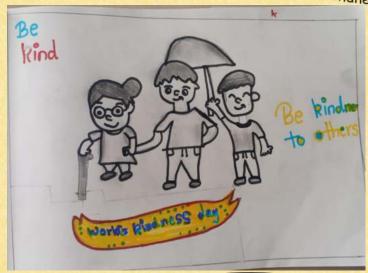
Dasyabhakti Shelar -IV Jasmine



Avishka Pomane -IV Jasmine

The Qurio Ma

An act of Kindness performed by the student



Avani Pol - IV Jasmine



Pragati Mandhare V Dahlia



Kavya Zaware- IV Jasmine



Tanmay Kshirsagar - IX Darwin



Shreya Bande V Dahlia



















Health Check up camp

















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Annual Sports Meet































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Ground Painting by Teachers and Students











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Christmas

Celebration





































Mathematics Day Celebration





































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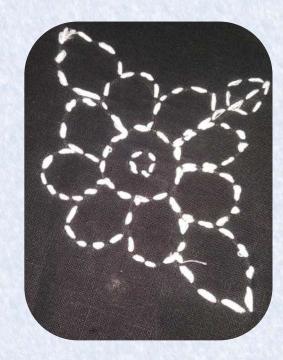


















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Spell Bee Competition



















































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Shivaji Maharaj Jayanti





























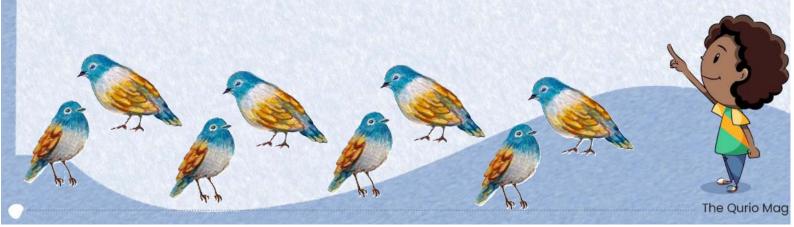
















Science Exhibition



















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Marathi Bhasha Diwas

















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Annual Day 2023-24





























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Grade I Lily



Grade I Lotus



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Grade I Iris



Grade II Daisy



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Grade II Orchid



Grade II Sunflower



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Grade III Rose



Grade III Marigold



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Grade III Tulip



Grade IV Jasmine











Grade IV Aster



Grade IV Daffodil



The Qurio Mag







Grade V Galileo



Grade V Fleming



The Qurio Mag









Grade V Dahlia



Grade VI Einstien



The Qurio Mag





Grade VI Newton



Grade VII Bhabha







Grade VII Sarabhai



Grade VIII Kalam



The Qurio Mag









Grade VIII Ramanujan



Grade IX Darwin



The Qurio Mag









Grade IX Raman



Grade X Chanakya



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"Teamwork is the secret that makes common people achieve uncommon results."
PIS Ahmednagar





Kindness Crafts

Popsicle stick bird feeder

- ~ popsicle sticks
- ~ glue
- ~ paint
- ~ bird seeds
- ~ rope





DIY Candy Vending Machine

- ~ cardboard
- ~ glue
- ~ rubber band

Let's spread some kindness around by making this bird feeder and Candy vending machine which can be put up in public places like, gardens or parks.

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